English as Foreign Language Student Teachers' Perceptions of the Use of Moodle in a Foundations of Education Course

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Abstract: In order to design an effective e-learning environment, the present study investigated English as Foreign Language (EFL) students' perceptions of the use of Moodle as a course management system in a Foundations of Education (FOE) course at the College of Education. The study also aimed at exploring statistically significant differences between student teachers' perceptions that can be attributed to gender, residence, year in the program, computer skills, and GPA variables. Data were collected from a sample of 60 students using a questionnaire. Findings showed that using Moodle increases students' participation in learning, exchanging ideas and knowledge ($\mu = 4.37$). Over half the total number of students preferred to use chat rooms and forums in computer labs to formal lecture rooms. Findings also showed that there are statistically significant differences between student responses related to year in the program in favor of students in their third and fourth year. With regard to obstacles facing students, the findings showed that most of these obstacles revolve around technical issues and frequent computer errors. Based on these findings, several recommendations were made.

INTRODUCTION

Developing the learning environment tends to be an essential prerequisite for progress in higher education, since computers and other related software have become an important part of students' daily lives. Many universities and educational institutions worldwide have started to invest heavily in e-learning, since it is widely used in three main ways: enhancing classroom teaching, distance education and distributed learning (Bates, 2001). Since the internet was introduced in the Arab World in the mid 1990's, there have been tremendous changes in the education sector in general, and in particular in pedagogies and learning environments.

The increase of web-based learning technology means teachers and learners are no longer forced to be in the same place at the same time to interact with each other. This idea is supported by Vygotsky's theory on social development, which indicates that social interaction plays a fundamental role in the development of cognition. The core of his theory is focused on collaborative learning environments which afford individual development of meaning through construction and sharing of texts and other artifacts (Smith, Dockrell & Tomlinson, 1997). In recent years, e-learning has played an important role in enhancing social interaction between students and teachers, and among students themselves. This interaction plays a fundamental role in the development of learner cognition according to Vygotsky. This process was later labeled "social constructivism theory" (Dougiamas & Taylor, 2003; Smagorinsky, 2007). According to Al-Balooshi (2001) well-managed, welldesigned, well-developed and harmonious E-learning is very crucial for the success of the e-learning experience in the Arab world as a whole. Many educational strategies have been proposed for how best to teach and learn online where real knowledge is gained, where communities of e-learning are developed and where high levels of student satisfaction are generated.

Understanding the vital importance of e-learning requires teachers in higher education to search for the best teaching strategies by implementing technology in learning environments effectively. As a result of the widespread information technology revolution, a shift in the learning paradigm puts learning in the hands of the learner rather than in the hands of the teacher through many multimedia elements such as texts, graphics, audio, videos and animation. Therefore, effective e-learning is considered highly interactive. For example, learners can take a test, receive feedback, discuss ideas, respond to questions, raise issues, take over the instruction and be engaged in online synchronous activities, (e.g. engaged in discussion boards, chatting, writing reflection using Wikis, forums, etc.).

Designing an effective E-learning environment is not easy. It involves many factors beginning with infrastructure, quality of content and assessment, quality of learner support systems, assumptions made by learners and educators about the learning experience itself, and peer support networks for learners and educators (Macnish, Trinidad, Fisher & Aldridge, 2003).

Information can be easily updated, disseminated and administered (Al-Zafiri, 2001). Al-Hadi (2005) asserts that effective e-learning often helps student to be more self-dependent,

cooperative, and reflective. These characteristics are considered the core foundation for a student-centered learning environment. Antonenko et al., (2004) pointed out that Moodle learning modules allow instructors to set up an effective learning process that allows students to work individually or in groups in order to maximize student participation and engagement. For example, students can brainstorm possible solutions in chat rooms or discussion forums, then present and compare their solutions to select the best one based on the group discussions. Moodle developers have explicitly stated that the design of the software is grounded in constructivist instructional principles. They focus on the experiences that are best for teaching and assessing the information teachers think that students need to know. Also, they can help each participant in a course to be a teacher as well as a learner in a socially cooperative learning community (Dougiamas & Taylor, 2003).

An e-learning community is defined as a common place where people learn using group activities to define the problem; encouraging them to decide upon solutions, and to act together to achieve these solutions (Tu & Corry, 2002). As these communities mature, they gain new knowledge and skills (Mac Neil, 1997). According to the National Center for Educational Statistics, in 2000-2001, more than 56% of four-year colleges and universities in the United States offering distance education programs met in person regularly throughout a semester and use online technologies as well. In the College of Education at Sultan Qaboos University (SQU), there are 50 courses out of 393 courses taught in a blended style using Moodle (SQU E-learning, 2007). The transition from face-toface to blended type teaching using Moodle to teach the Foundations of Education (FOE) course, the focus of the present study, began in the Fall of 2007. The purpose of the study was to investigate students' perceptions of the effectiveness of using Moodle in learning a theoretical subject like FOE, which used to be taught in a traditional lecturing mode.

REVIEW OF RELATED LITERATURE

Using technology in schools and universities has developed rapidly over the last ten years. It provides teachers with many useful tools, and software that can be used to improve the teaching-learning process. In order to investigate the effectiveness of using technology

such as the Moodle platform, much research has been carried out on its applications and availability.

Recently Moodle has become one of the most popular open-source software applications in education. It supports the socio-constructivist approach to teaching and learning epistemologies within internet-based communities of reflective inquiry (Brandl, 2005; Branzburg, 2005). Moreover, it featured in studies conducted by Perkins and Pfaffman (2006) and Beatty and Ulasewicz (2006) which indicated that as a course management system, Moodle enables the teacher to conveniently improve classroom communication by posting assignments, lesson plans, announcements and course documents. They described how in their experience Moodle improved students' performance by promoting and organizing communication among them, their parents, teachers, administrators and the community.

In 2009, Martin-Blas and Fernandez conducted a study on the use of Moodle as a teaching tool in Physics. They created an online learning community to help both teachers and students have a virtual space in which to share knowledge through different kinds of supervised activities, chats and forums. The findings of their study showed student responses to this initiative as being very good and helpful in reinforcing their skills and knowledge.

With a view to improving self-regulated learning, Vovides, Sanchez-Alonso, Mitropoulou and Nickmans (2007) demonstrated that the adoption of a Moodle system for web-based instruction could help to reach out to potential learners in remote areas where bricks and mortar institutions do not even exist. Also, this system, they argued, can improve student and educator self-regulation abilities, in particular their meta-cognitive skills. Furthermore, Mazza and Botturi (2007) showed that utilizing Moodle in learning provides visualizations of behavioral, cognitive and social data from the course, allowing constant monitoring of student activities, engagement and learning outcomes. In the meantime, Moreno, Gonzalez, Castilla, Gonzalez and Sigue (2007) showed that using the Moodle platform helps in establishing a constructivist and collaborative learning environment especially in teaching computer architecture courses. In addition to that, Fontanin (2008) found that Moodle is especially effective when applied to language learning as it allows one to establish a collaborative environment and to stretch the learning experience over a longer period of time.

With regard to effectiveness and motivation within a learning culture, Siirak (2008) argued that using Moodle is more highly recommended than providing traditional methods of learning. Meanwhile, Huang and Chuang (2008) found that using an open software like Moodle provided useful feedback for the learner and many human resources to facilitate progress through ill-structured problem-solving situations in a collaborative problem-based learning environment. They also claimed that posting learners' transcripts in Moodle features such as the discussion board or chatting room helps to reduce an instructor's burden.

Effective Learning

This is concerned with engaging students in a continuous collaborative process of building and reshaping an organized "corpus" of required knowledge by using various learning tools (in this study course, the Moodle system) which encourage the growth of student responsibility, initiative, decision making, and intentional learning. It also attempts to provide students with immediate feedback and reinforcement to increase their achievements and accelerate progress (Grabinger & Dunlap, 1995).

Modular Object-Oriented Dynamic Learning Environment (Moodle)

This is a course management system and an open-source software program that educators can use to create quality online instruction. Emerging in 1999, it was the brainchild of Martin Dougiamas. The design of Moodle is based on socio-constructivist pedagogy, which provides a set of tools (chats, forums, reflective journals, wikis, online assignments, quizzes, etc.) that support an inquiry and discovery based approach to online learning. This kind of learning environment allows active collaborative interaction and a multitude of communication patterns such as student-to-student, student-to-subject material, and student-to-teacher (Brandl, 2005).

METHOD AND PROCEDURE

Purpose of the Study

The purpose of this study is to investigate EFL student teachers' perceptions of using Moodle in a FOE course at the College of

Education, Sultan Qaboos University. The study seeks answers to the following questions:

- 1. What are EFL student teachers' perceptions of the use of Moodle in a Foundations of Education course?
- 2. Are there any statistically significant differences in student teachers' perceptions that can be attributed to gender, residency, year in the program, student Grade Point Average (GPA) and students' computer skills?
- 3. What are the obstacles faced by student teachers in using a Moodle system in the FOE course?

Significance of the Study

The importance of this study stems from many points. The study will attempt to explain some of the characteristics of an effective e-learning environment using a Moodle system. It will also explore the possibility of teaching theoretical courses, like the FOE course in an electronic environment, using the various features that are available in a Moodle system. Finally, it will help in identifying common obstacles faced by students in using Moodle to study the FOE course.

Study Design

In order to collect the data, a closed-form questionnaire was used to elicit students' responses to the effectiveness of e-learning items which represented the dependent variable. The independent variables are gender (male, female), residency (in-campus, out of-campus), year in the program (first, second, third and fourth year levels), Grade Point Average GPA: (2.00-2.50, 2.51-3.00, more than 3.00), and Students' Computer Skill SCS (high level, medium level and low level).

The following statistical treatments were used in data analysis: means, standard deviation, t-test and analysis of variance.

Sampling

A random sampling method was employed and a total of 60 students constituted the intact sample of the present study. These students represented 69.7% of the total population of 86 students enrolled in the FOE course for the Fall semester of the academic year 2007/2008 in the College of Education, Sultan Qaboos University. Table 1 below shows the demographic data about the participants in the study.

Table 1. Participants' Demographic Data

Variables	Level	Frequency	%
Gender	Male	20	33.3
Genuel	Female	40	66.7
Residency	In-campus	39	65
Residency	Out of-campus	21	35
Year in the program	First & Second year	20	33.3
rear in the program	Third & Forth year	40	66.7
	2.00-2.50	23	38.3
GPA	2.51-3.00	24	40
	More than 3.00	13	21.7
Students' computer	High level	17	28.3
skills	Medium level	43	71.7

Research instrument

The main instrument of the study consisted of three sections. The first section was designed to collect demographic data about the respondents (gender, residency, study year level and knowledge level in using computer). The second section included 31 items representing the perceptions of EFL student teachers' of using Moodle effectively in learning FOE. These items were generated from related literature (Beatty & Ulasewicz, 2006; Mazza & Botturi, 2007). The third section included 13 statements representing some common obstacles faced by student teachers in using a Moodle program to learn. A Likert scale was used to measure students' opinion (strongly agree, agree, neutral, disagree, and strongly disagree corresponding to the following numbers 5, 4, 3, 2, and 1 respectively). The instrument was piloted to establish its reliability. The instrument was also validated through submitting it to a jury judgment. The reliability coefficient was measured by applying Alpha Cronbach and it was found to be 0.92 for all instrument items.

RESULTS AND DISCUSSION

In addressing the first question of this study, a concern about measuring, from the students' viewpoint, the effectiveness of e-learning when using Moodle in a FOE course, the means and standard deviations of items were calculated. Since the questionnaire used had a five-point Likert scale, a theoretical mean of 3.00 (mid point of the scale) was determined as a criterion to judge the mean. It was accordingly apparent that all items were located above the predetermined theoretical mean value. Data are shown in descending order in Table 2.

Table 2. Means and Standard Deviation (SD) of the Students' Responses to each Item of the Questionnaire

No. Items			SD
1	Develop students' netiquette communication skills	4.38	0.84
2	Increase student participation effectiveness in exchanging ideas and knowledge	4.37	0.93
3	Ensure equal opportunity for all students to participate in electronic discussion dialogue	4.28	1.04
4 5	Develop students' skill in browsing the internet Make the subject matter more interesting	4.17 4.12	0.78 0.99
6	Develop students' typing and editing skills	4.10	0.91
7	Develop students' ability in reflective thinking	4.10	0.84
8	Ensure a learning environment which increases social interaction among students during learning process	4.08	0.87
9	Give fast feedback to evaluate students' achievement	4.05	0.90
10	Ensure a learning environment which helps students to generate and develop new ideas	4.05	0.89
	Ensure close relations develop among students Ensure enough time to develop students' individual skills and	4.03	0.82
	abilities	4.00	0.98
	Develop students' skill in connecting ideas with their context	3.98	0.79
	Make it easy for students to follow lectures and extra readings	3.97	1.01
	Develop students' ability in "learning by doing"	3.93	0.86
16	Help students facing learning difficulties to cooperate with each other	3.92	0.94
17	Develop a positive attitude toward subject matter	3.83	0.83
18	Ensure a close relationship exists between students and their teachers	3.80	0.97
19	Help students to find methods to relate theoretical knowledge		
	to real life situations	3.80	1.09
	Increase students' knowledge in their areas of study	3.78	0.94
	Increase students' self-confidence and independence	3.78	0.93
	Develop students' ability to solve problems	3.77	0.83
23	Develop students' appreciation for the values of patience and endurance when doing homework Develop students' skills in making decision related to their	3.73	1.02
∠ ⊤	learning.	3.71	0.97
25	Develop students' skills in time management	3.71	0.98
26	Develop students' leadership skills and styles	3.67	1.13
27	Increase students' ability to participate effectively	3.67	1.08

 Table 2. (continued)

No.	Items	Mean	SD
28	Give students psychological relief while working online		
	activities	3.58	1.09
29	Develop students' skills in scientific research	3.52	0.99
30	Increase students' motives toward learning	3.45	1.04
31	B1 Develop students' ability to understand the relationship		
	between his/her specialization and other areas of		
	specialization (interdisciplinary science)	3.27	1.02
	Total	3.89	0.61

The results in Table 2 show that item 3 on "develop students' netiquette communication skills" is the top rated item with a mean of 4.38. The second top rated item is "increase students' participations effectiveness in exchanging ideas and knowledge" with a mean of 4.37. This is followed by the item on "ensure equal opportunity for all students to participate in electronic in discussion dialog" with a mean of 4.28. These results can be attributed to the fact that students' perspectives regarding the effectiveness of e-learning are concerned with developing their communication skills, exchanging their ideas smoothly, and giving them more opportunities to participate in discussion forums or in chatting, allowing them equal opportunities to state their points of view. Such findings are therefore consistent with the findings of Mazza and Botturi (2007) and Perkins and Pfaffman (2006). Also, the study results show that 53.3% of the total sample preferred chatting features, while 46.7% of them preferred Wiki discussion boards.

With regard to the effectiveness of using Moodle, students stated that this system helps them to develop their skills in browsing the internet, showing a mean of 4.17. Besides, it will help them to explore cyber space through various sites, either searching for information or developing their knowledge by sharing it with complementary content experts. This finding is supported by Kester, et al., (2007) who states that Moodle is mostly used to enable the community to share competence and bring learners together for knowledge sharing. Therefore, this makes the subject matter more interesting to students as shown in item five with a mean of 4.12. This finding is also supported by Perkine & Pfaffman (2006) who showed the usefulness of using Moodle in teaching by giving a description of how Moodle improved and enhanced student's performance by promoting and organizing communication and interaction among them.

Item 6 on "students' skills in editing and typing their work" has a mean of 4.10. This shows the effectiveness of using Moodle in helping students to develop their fundamental skills needed for

chatting and reflective thinking (to be more flexible and adopt a personalized way of learning). The study result showed that item 7 "develop student ability in reflective thinking" with a mean of 4.10 matched to a great extent the research finding of Antonenko et al., (2004) and Perkins and Pfaffman (2006) who suggested that Moodle supported the pedagogy of a learning environment that is interactive, collaborative, and reflective. It allows the instructor to ask students to write their reflections regarding a particular topic by giving them enough time in to edit and refine their reflections. This activity promotes self-assessment, critical thinking and metacognition. Moreover, using Moodle in learning can help to reduce distractions and roadblocks to learning, and improve communication with fellow students as well.

It is also noteworthy to mention the lowest average mean of responses in the distribution, as this can help in improving the level of effectiveness in using the Moodle system as a whole. Results showed that item 30 "Increase students motivation toward learning" has a mean of 3.45 followed by item 31 "develop student ability to understand the relationship between his/her specialization and other specialization (interdisciplinary science)" with a mean of 3.27. These findings might be related to the fact that most students do not realize the impact of using Moodle on their achievement. Also, students are still unaware of the effect of e-learning on developing their abilities and understanding the relationships among various types of study fields and disciplines.

In response to the second question that is aimed at investigating the statistical differences among students' attitude toward the effectiveness of using Moodle in studying FOE, various variables which include gender, residency, study year and level of knowledge in using computer, were tested using t-test and One Way Analysis of Variance (ANOVA). Table 3 shows the means of all the mentioned variables and the result of the t-test analysis.

Table 3. *Result of t-test on Study Variables*

Variables	Type	Means	SD	t- test value	2-tailed significance	
Gender	Male	3.83	0.45	0.509	0.613	
Genuel	Female	3.92	0.68			
Davidanav	In campus	3.91	0.68	0.355	0.724	
Residency	Out of campus	3.85	0.45	0.555		
Year in the	First &second	3.55	0.75	3.304	0.004*	
program	Third & fourth	4.06	0.45	3.304		
Students'	High level	3.99	0.59	0.840	0.404	
computer skills	Average level	3.84	0.61	0.840	0.404	

^{*}Significant difference at (α = 0.05)

Table 3 shows that there is a significant difference (α = 0.05) due to the "year in the program" variable in favor of third and fourth year levels with a mean of 4.06 compared with first and second year levels with the mean of 3.55. However, there are no significant differences due to gender, residency and students' computer skills related to the effectiveness of using Moodle in studying FOE.

The results of the ANOVA test analysis are presented in Table 4.

Levels Sum Degree of 2 tailed Mean square F value freedom significance square Between 1.539 0.770 2.146 0.126 Within 20.442 57 0.359 Total 21.981 59

Table 4. Result of ANOVA test on GPA and effectiveness of using Moodle

As shown in Table 4, there are no significant differences (α = 0.05) among student responses on the item "GPA and effectiveness of using Moodle in studying FOE course."

From the findings shown in Tables 3 and 4, we can conclude that the responses of third and fourth level showed a higher value for the effectiveness of using Moodle. This might be due to the fact that most of the students have studied more courses in teaching methods and instruction as part of their study plan. Also, they have been introduced to many electronic types of learning environment, which made them better able to value the extent of the characteristics of e-learning environment effectiveness compared with first and second year students.

Looking at the gender variable, the t-test findings revealed that there are no significant differences among students' point of views. This finding is consistent with Shatnawee (2007) and Rawashda & Al-Mumany (2004) who state that there are no significant differences between males and females in their evaluation of the level of effectiveness in using technology and computer-based learning. These studies show the same level of effectiveness for both genders as there is equal opportunity to participate in learning activities.

The third question of this study is aimed at identifying obstacles facing students when using Moodle in learning FOE, and the findings are as shown in Table 5.

Table 5. Obstacles Facing Students in e-learning Environment using a Moodle Program

No.	Obstacles	%
1.	Frequent breakdowns of computers in university labs	66.7
2.	I do not have enough time to work in computer lab	63.3
3.	Frequent shutdowns of internet connection	56.7
4.	I face difficulties in studying at a computer monitor	55.0
5.	I feel worried about having online quizzes	53.3
6.	I do not have my own personal computer	51.7
7.	I face difficulties in getting to use a computer in the university	48.3
	lab.	
8.	Slow connections to the course site through the university	41.7
	network	
9.	I can not sit down at the computer for a long time	40.0
10.	There is no technical advisor who can guide me to use the	20.0
	online learning program	
11.	I having limited knowledge about the Moodle program	16.7
12.	I do not have typing and editing skills	8.3
13.	I do not have skills in using a computer	6.7

The list in Table 5 shows that the percentage range of the first six obstacles facing student in e-learning is between 66.7%-51.7%. Most of these are related to technical difficulties that are faced by students in e-learning. Students complained that they do not have enough time to enter computer laboratories and carry out their activities. This indicates lack of time management among them (63.3%). Also, students lack some basic skills that will enable them to solve simple technical problems. In addition they are still facing some difficulties in changing their learning style to become an e-learner (55%). They need more practice to accommodate this type of learning. Also, the frequent breakdowns of university computers (66.7%) make them feel frustrated when trying to complete their assignments.

In order to move smoothly to an e-learning environment, there is a need for cooperative efforts in various aspects: ensuring first, a strong infrastructure that begins with establishing efficient computer laboratories equipped with high quality computer sets and technicians who are willing to help students in dealing with any technical problems. Sambrook (2003) reminds us that an e-learning environment is created in order to reduce some difficulties or obstacles facing learners in traditional face-to-face learning environment. Finally, the transition to an e-learning environment needs to move

quickly. There is the urgent need to spread the etiquettes of this type of learning environment among students by establishing an e-learner oriented newsletter for students so as to show them the benefits and usefulness of e-learning in enhancing their leaning skills and fulfilling their pedagogical needs.

RECOMMENDATIONS AND SUGGESTIONS

This study is aimed at investigating the effectiveness of using Moodle in studying a FOE course; it is a theoretical course which helps students to customize the learning materials according to their own needs and to enable them to have more control over their learning process. In this way, they can better understand the course materials. The effectiveness of using Moodle has given students a great opportunity to be more self-directed, and learner-centered. It is undertaken anywhere from classrooms to homes since it occurs at one's own space and place.

Based on the above results, the study made recommendations on how to design a short orientation training course or workshop by the Center of Educational Technology for students at the SQU. A Moodle system was proposed in order to develop student skills and abilities in using an appropriate technology tool in learning. The study also suggested the need to develop students' positive attitudes toward e-learning by continuously monitoring them throughout the FOE course. It was also recommended that in order to popularize information technology netiquette among students at the College of Education, a one-credit hour course on "ethics and values of e-learning communities", be added to their course plan so as to introduce students to e-learning community ethics and values. Finally, it was strongly recommended that there was an urgent need to increase the number of computer laboratories at SOU so as to expeditiously accommodate the increasing number of students who require internet services.

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