



Q & A

CORPORATE COACH ACADEMY

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STOPPING THE BLAME GAME

Q One of my greatest achievements was becoming the sales manager of a hotel a few years ago. It was a position I was looking for as it involved meeting people and travelling to many places. However, this nice feeling is no longer there because of the poor relationship with my new boss. Unlike my former boss, this one is making it tough for me to stay on as he is picking on almost everything I do: the way I talk, the reports I write, the meetings I chair, and so on. I get this strong feeling he dislikes me. As I still love my job and want to keep it at all costs, I need help to solve this.

A Although it is good you are trying to stay in your job, you need to reflect deeply on what is causing this to happen with your boss. There is a price for everything, the more you want it, the more you need to do something more about it. In other words, you may need to make big changes. Every boss has his own style and preferences and when you can serve their needs well, it will be good for you.

Start with some introspection to identify gaps within you that, when removed, will get you better results. It will help you a great deal if you thrash this out openly with your boss. Learn what his specific needs and preferences are and discuss how you can cater to them. Always remember that people become compassionate and understanding when you face them directly and talk to them nicely. So take this as an opportunity to share some of your concerns and reach a compromise with him.

THE POWER OF OWNING UP TO YOURSELF

POWERFUL QUESTIONS

- What do you want your relationship with your boss to be like?
- Which areas are working, and which are not?
- How did you contribute to this?
- How can you take charge of this situation more?

FINDING YOUR BIGGER PURPOSE

Q I often marvel at people who are so creative in coming up with great ideas that work. I would be very happy if I could be just half of what they are. Unlike them, I do not have the kind of stamina, enthusiasm, and motivation as I often give up halfway or lazily "go through the motions" just to be seen as if I am working. No wonder I can only produce mediocre results when compared with them. How can I be more

like them?

A What separates the men from the boys in terms of performance is having a "purpose". People's motivation is often determined by how purposeful they are living their lives. People who are purposeful love what they do as they know exactly what they want in their personal or professional life. On the other hand, those without purpose regard almost everything as a drag simply because they do not have anything compelling to strive for. The result they come up with is usually boring and run-of-the-mill.

The first place to start is to find something you love that matches your values and passion. You can only find this when you spend "me time" to connect with yourself to know what you really want in life. So be courageous yet be kind to yourself while you

think reflectively about what you really want. Discuss with some of your friends the various possibilities that potentially match your values and passion. Once you find it, the "magic" in you will start happening; you will become more motivated, creative, resourceful, and even visionary. You will start taking all the purposeful steps to be a unique person like those you currently envy. You will continue to be hungry for the best ways and ideas to excel in what you want to be.

POWERFUL QUESTIONS

- How fulfilled do you feel about your life today?
- What is still missing from it?
- Assuming you can't fail, what do you want to do?
- How can you start on the first step towards this?

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