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Silat with a difference

IT is not a fusion of taekwondo and silat. But Teng Sheau Cher (*pic*) hopes to enjoy the best of both worlds.

She was one of four non-Malays who competed in the recent silat championships at the Masum Games carnival.

Sheau Cher, 22, a student in Industrial Technology Management at Universiti Malaysia Pahang, is also a taekwondo exponent.

"Silat's movements are more refined and diffi-

cult to execute," she said. "Taekwondo is more on speed. However, each martial art has its own strengths.

"I want to try to inject silat's finesse and taekwondo's speed into my performance."

Sheau Cher, a red belt holder in taekwondo, said silat was the only martial art available at her campus. Silat also enabled her to know more about Malay culture and its intrinsic values.

"It is very interesting and I'm only in my first year. I would encourage more non-Malays to embrace silat.

"My Malay friends are all encouraging me. I want to enjoy the best of silat and taekwondo. Clearly I want to improve my silat."

Sheau Cher, however, was shown the exit after a tough combat against a Universiti Utara Malaysia (UUM) student.

